

CURRICULUM VITAE

Name Dr. R. Subhashini

Designation Dean – Self Financed
Madras School of Social Work

Retd. Professor & Head of the Department
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JBAS College for Women, Teynampet

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Educational Qualifications M.A., M.Phil., Ph.D., D.B.M ,FI.B

Ph.D.	Applied Psychology	Madras University	2002
M.Phil.	Psychology	Madras University	1987
M.A	Counseling & Guidance	Madras University	1980
B.A	Psychology	Madras University	1978

Schooling at Mumbai and Kolkotta

Professional Experience

38 years of teaching Undergraduate & Postgraduate courses and research guidance.

Year	Position Held
1980	Assistant Professor of Psychology
1989	Lecturer selection grade
2002	Reader
2006	Associate professor
2011 - Till date	Professor & Head Of Department

Other positions

1987 Onwards	Guest Faculty Distance Education Madras University
2001 Onwards	Guest Faculty Mother Theresa University
2003 -2008	Guest Faculty Tamilnadu Open University
2004 onwards	National service scheme program officer
2004-2005	Guest Faculty Madras University
2005	Coordinator/ Add on courses
2005 -2007	Guest Faculty Loyola College, Chennai
2008 –onwards	Vice chancellor nominee for staff selection
2009-onwards	Academic Council Member
2010	Honorary Project Coordinator Mentally Handicapped & Retarded Children's Trust

EXAMINER;

1. Madras University – UG & PG
2. Mother Teresa Women's University
3. Annamalai University
4. Venkateshwara University
5. Tamilnadu open university
6. Autonomous colleges

Question Paper Setter

1. Tamil Nadu Public Service Commission
2. Karnataka Public Service Commission
3. staff selection board
4. Madras University
5. Govt. Arts College, Coimbatore (Autonomous)
6. Women's Christian College (Autonomous)
7. Presidency College (Autonomous)
8. PSG arts and science college
9. St. Joseph's college Visakapatnam

Research Guidance

- 76- Post Graduate Students
- 68- M.Phil students
- 7- Ph.D guidance
- 1 Awarded doctorate

MINOR PROJECT (UGC) A Psychological intervention for the psycho-socioeconomic acceleration of the sc youth.

Professional Memberships

Indian Association of Applied Psychology (IAAP)
Fellow of Institute of Behavioral Medicine (FIBM)
Indian association of psychologists – official member

Conference / Seminars / Participated / Papers presented.

June 2012 Attended and presented a paper on changing trends in counseling – Indian cont

June 2011 Attended international conference at Bangkok-Thailand “In Defense of family children and society”

Dec 2010 - Organized a national conference on enhancing personal effectiveness

2008--- Participated in seminar student counseling-molding them young

Jan 2007-- participated in university national youth festival

March 2007—participated in a program on travel and tourism

March 2009---participated in a seminar on quality of life

Nov 2006 – Presented papers at Marywood University, Scranton USA

2006 – Presented at International conference on Technology - A psycho-social perspective

2006 – Participated in World Congress Restore family life and sustain world peace”

2005 – Presented at international conference on disaster management and Trauma counseling Bangalore, India

March 2005 – Workshop on “Design of self learning materials”

Oct – 2004 – Resource person in workshop cum seminar on counseling and innovative HR on Egan’s model of counseling at Mohammed Sathak college

Aug- 2004 - Participated in International seminar & workshop on inclusive education

Aug- 2004 - Presented a paper on relationship between emotional intelligence, adjustment & Level of aspiration in preadolescents.

Oct – 2003 - Participated in a work-shop- behavior modification techniques

March 2003 – Participated in a seminar on women & health A BioPsySocial perspective

Oct 2001 - Participated in Behavior modification techniques

Sept 2001 - Participated in the first National convention of accredited institution

Feb 1999 - Presented a paper in the UGC seminar on “The coping strategies employed by HIV positive Individuals

March 1998 - Participated in the refresher course on law

Dec 1997 - Presented in international conference Indian Academy of Applied psychology on "A study of the influence of parental anxiety on adolescent personality"

Dec 1995 - 15 Day workshop on Psychological counseling- Christian Counseling Centre, Vellore.

April 1992 - Participated in the refresher course in psychology

Dec 1990 - Participated in the symposium on girl child

Feb 1988 - Participated in orientation program

Sept – 1985 - Participated in workshop on quality sustenance and enhancement through collaboration of College with potential for excellence ((CPE) and cluster colleges.

Jan 1983 - Counseling skills for college teachers

Jan 1981 - Participated in short term institute on profesionalization of psychology

Research Publications

1. Psychological intervention through cognitive behaviour therapy
For children affected by attention deficit hyper-activity disorder (ADHD)—
EDUVENTURE-Research journal of Queen Marys College-Vol.3 issue 1 Jan-June 2010
2. The effectiveness of emotional competence intervention on emotional intelligence in
preadolescents – Journal of Professional Psychologists Vol.No.2 , 2005
3. Text book- study material for Developmental psychology - Madras university(IDE)
4. Prepared study material for psychological testing – Sri Venkateshwara University.
5. Prepared study material for Basic psychology—TNOU
6. Prepared study material for research methods, psychological testing, Developmental
psychology---Tamilnadu Sports and physical education university
7. Prepared study material for career counseling----- RGNIYD

Others

Been associated as a resource-person in different Forums, namely Business Corporations, Colleges and Universities in India. Had toured the USA on lecture trips. Addressed the International gathering on India and its Culture at Philadelphia.

Have excellent multilingual skills being conversant with English, Hindi, Telugu and Tamil.

Serving as Consultant Psychologist – I CAN TRUST

Serving as Coordinator SERFAC

Serving as marital and premarital counselor – Pulse Academy

Office bearer in social organizations - Lions club

Have traveled widely in India visiting places of historical importance and centers of academic excellence.

Have also been to several states in USA and also visited UK, France Switzerland, Japan, Hong Kong, Bangkok, Singapore and Malaysia

Areas of interest

Interested in youth and student welfare, counseling and guidance, promoting empathy and sensitizing youth to social issues to develop exemplary citizenship ,actively involved in uplift of the down trodden, like the Schedule Caste, Schedule Tribes and the economically disadvantaged.

Recognition / Appreciation / Awards

- 1982 - Appreciation letter from the Correspondent S.I.E.T. Women's College for multi-factorial assistance.
- 2003 - Selected as National Service Scheme Program officer University of Madras..
- 2004 - Certificate of appreciation- Took active part in Akhil Bharat Rachanatmale Samaj Annual conference and South Asia peace conference held at Jalandhar.
- Helped formulate self help groups among women.
 - Student counselor - helped many students resolve problems.
- 2006 - Addressed the international audience at Marywood University-Scranton-Philadelphia USA.
- 2008 - Conducted and participated in several community outreach and extension service.
- Certificate for valuable contribution towards A plus accreditation of the Justice Basheer Ahmed Sayeed Women's College by NAAC.
- 2009 Nominated by the vice chancellor University of Madras as 'subject expert' for appointment of staff in psychology departments.
- Awarded minor UGC research fellowship-To study schedule caste school dropouts and to equip them to become entrepreneurs.
 - Organized & participated in several walks-multiple sclerosis, road safety for all, helmet, anti smoking and drugs, planting of tree saplings.
- 2010 - Honorary project co-coordinator- mentally handicapped and Retarded Children's Trust.
- 2010 - Taken active part in University National youth festivals.
- 2010/11 - Served as a resource person-equal opportunity cell-(SC&ST).
- Presented several papers in various conferences to promote welfare of schedule caste women
- 2011 - Award of appreciation-vice chancellor University of Madras towards humanitarian services rendered.
- Donated blood on several occasions.
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