

**WORLD CONGRESS OF PSYCHOLOGISTS
WORKSHOP ON INTELLIGENCE**

WCOP President : Prof. B.G. Reddy
WCOP Secretary : Prof. R. Subashini
WCOP Treasurer : Prof. V. Suresh

Date : 28-07-2021 : I day session topic : Emotional Intelligence

**Chief Guest & Resource Person : MATT PERELSTEIN
CEO, EQ4PEACE ORGANIZATION
Fort Bragg, California
United States of America**

Dr. S. Prasanthi, Asst. Secretary, WCOP invited Prof. B.G. Reddy, WCOP President and later invited the Chief Guest MATT Perelstein from USA and also invited Secretary, Treasurer, Core Committee & EC Members of WCOP and the Workshop participants.

Dr. S. Prasanthi welcomed once again Prof. B.G. Reddy by introducing him to the participants through his Resume and requested him to give welcome address. After welcome address thanked Prof. B.G. Reddy.

Dr. S. Prasanthi invited & welcomed the Chief Guest once again by introducing him by his resume and request him to give the Chief Guest speech and also requested him to act as Resource person on the topic “Emotional Intelligence”.

Dr. Matt Perelstein has been teaching more than 35 years on Emotional Intelligence (EQ). This Workshop touched through his humon, passion, wisdom and loving insight. Matt stated that people are dying quite literally to know that we know about EQ. Understanding and managing on inner world is no longer just a nice to have proficiency, it is a set of urgent, need to show survival coping skills that must be shared and made available to all ages and educational levels from pre-school to Ph.D.

Learning to understand, manage and even enjoy on thoughts, feelings, decisions and actions is a pathway to inner peace interpersonal peace and social peace, ultimately leading to global peace. It is not the only ingredient we need but it must be in the mix. Matt expressed that as we explore one of the most relevant and practical subjects there is the last great adventure on earth on journey into and through on inner world and also let's share what we know with the many who do not know each teach/EQ. Matt speech about the functions of Right & Left, creativity etc.

Dr. Prasanthi thanked the Chief Guest as well as Resource Person of the Workshop; and also thanked the President B.G. Reddy and his team, thanked the participants. First day session ended.

29-07-2021 : II day session topic : Positive Psychology

**Resource Person : Dr. M. Suresh Kumar,
Head, Dept. of Psychology,
American College, Madurai.**

Mrs Vanaja, Asst. Secretary of WCOP on the 2nd day of session of WCOP Workshop invited and welcomed the WCOP President, his team and Participants and also invited the Resource Person Dr. M. Suresh Kumar by introducing him through his resume and further requested him to talk on the topic "Positive Psychology".

Dr. M. Suresh Kumar spoke on Aims of Positive Psychology, levels of Positive Psychology, Goals of Positive Psychology, why we have to concentrate on Positive Psychology, Martin Seligman is the Father of Positive Psychology, Criticism and pitfalls in Positive Psychology. The Positive Psychology field is too individualistic. Positive Psychology is just a promotion of a Polyanna Personality type, not an authentic exploration of good life. He spoken on Perma Model.

30-07-2021 : III day session on the topic “Suicide”:

Resource Person : Dr. Narendra Thagunna from Nepal.

Mrs. Vanaja, Asst. Secretary of WCOP invited and requested the WCOP President Prof. B.G. Reddy to give welcome address.

Mrs. Vanaja introduced the Resource Person Dr. Narendra Thagunna from Nepal to deliver his talk on Suicide and its presentation.

Dr. Narendra explained about what is Suicide, different types of Suicide and said for every 40 seconds some one committing Suicide, 80 lakh people died every year all over the World. 15 years to 25 years and also elderly after 75 years of age are committing Suicide. He explained reasons for Suicide.

Dr. S. Prasanthi proposed vote of thanks to the WCOP President and his team and to the Resource Person.

31-07-2021 : IV day session topic : Suicide Prevention

Resource Person : Dr. Narendra Thagunna, Nepal.

He explained what measures have to be taken by the Psychologists, Social Workers in the Society. What are the techniques to be applied in the form of Psychological counselling explained by the Resource Person. Roles of School Counsellor, College Counsellor, Family Counsellor, Industrial Counsellor, Health Counsellor, Agriculturists Counsellor in reducing the Suicide. The said Counsellors roles are most important. Session was good every day participated.

Finally Mrs. Vanaja proposed Vote of Thanks.