

WORLD CONGRESS OF PSYCHOLOGISTS
WORKSHOP ON BEHAVIOUR THERAPY

WCOP President : **Prof. B.G. Reddy**
WCOP Secretary : **Prof. R. Subashini**
WCOP Treasurer : **Prof. V. Suresh**
Asst. Secretary Technical : **Ms. G. Anupama**
Workshop Organising Asst. Secretary : **Dr. Chinni Simon**

09-08-2021 : 1 day session topic : Phobias

Chief Guest & : **Prof. M. Basavana**
Resource Person : **Prof. V. Ganesan**

Programme started with the invitation and welcoming by the Asst. Secretary Ms. G. anupama, she invited the President of WCOP Prof. B.G. Reddy, Chief Guest Prof. M. Basavanna, Resource Person Prof. V. Ganesan, General Secretary of WCOP Prof. R. Subashini, Treasurer of WCOP Prof. V. suresh, Core-Committee and Executive Committee Members of WCOP and also the participants of the Workshop.

Dr. Chinni Simon once again welcomed and invited and introduced him to the audience in reading out his Bio-data further requested him to give welcome address. Prof. B.G. Reddy invited the Chief Guest, Resource Person and also the above mentioned dignitaries. Dr. Chinni Simon thanked the WCOP President and invited and welcomed the Chief Guest Prof. M. Basavanna and introduced him by reading out his Resume. Prof. M. Basavanna addressed the Workshop participants for more than half an hour and mentioned the various important phobias and their impact on human beings so nicely. Chinni Simon thanked him for the inaugural address.

Later Chinni Simon invited and welcomed once again Prof. Vedagiri Ganesan, Resource Person of the Workshop by introducing him by reading out his

Resume and finally requested him to go ahead for the conduction of training to the participants.

Prof. V. Ganesan gave introductory speech on phobias for more than half an hour and proceeded to solve the problems raised by the participants.

1. Prof. B.G. Reddy, WCOP President raised the 1st problem i.e. Phobias on Lizards and Spiders.
2. Dr. Neeraja raised Phobia related to Smart Phone experienced by her grand father.
3. Mrs. Vanaja raised the problem of fear of heights maintain.
4. Ms. Anupama raised the problem of Darkness Phobia.
5. Dr. Prasanna raised Marriage Phobia by a girl.
6. Life Phobia raised one of the participant.
7. Fear of Balloons.
8. Prof. D. J. Reddy : Fear of taking class.
9. Vanaja raised Phobia of Car high speed.

10-08-2021 : Second day

Resource Person : Prof. V. Ganesan

1. Prof. D. J. Reddy : fear of public speaking.
2. Mrs. Vanaja : Fear of Blood.
3. Prasannasree : Fear of Train Travel.
4. Hareesha : Afraid of Crowd Phobia.
5. Prasannasree : Fear of Isolation.
6. Fear of large gatherings.
7. Fear of travelling in Planes.

11-08-2021 : Third day

Resource Person : Prof. V. Ganesan

1. Fear of Sex.
2. Fear of during the Doctor.
3. Fear of meeting new people.

4. Suspicion towards wife character.
5. Fear of Dark colours.
6. Fear of seeing ghost movies.
7. Fear of not eating food because somebody mixed poison.
8. Fear of enjoying sex after marriage.
9. Patients are afraid of Surgery raised Prof. Sudhakara Reddy.

12-08-2021 : Fourth day : “Phobias”

Resource Person : Prof. V. Ganesan

1. Pregnant Women – fear of Pregnancy.
2. Girl 8 years old not allowing anyone to kiss her.
3. Fear of OCD.
4. Manage of Engineering College fear of Office.
5. Dr. Gupta asked difference between Phobia and fear.
6. Fear of transgender raised by Prof. B.G.Reddy.
7. 25 years women does not like to go to Mother-in-law’s house.
8. Dr. Supraja raised fear of School.
9. Yamini raised fear of not to go to any temple.
10. Dr. Janardhana Reddy : Fear of elevators.
11. Boy 12 years fear of girls raised by Dr. Gupta
12. Fear of Germs in open toilets.
13. Fear of Dogs – 5 years old boy.
14. Fear of Husband.
15. Fear of Pandemic i.e. COVID raised by Vanaja.
16. Fear of Medicines raised by Dr. Venkata Rao.
17. Fear of Meeting the top executives.
18. Fear of bad dreams by one of the participant’s Mother-in-law.
19. Fear of exams raised Prasanna.
20. Fear of Weather raised by one of the participant from Rajasthan.
21. Fear of Water raised by one of the participant from Assam.

22. Fear of Women raised by one of the participant from Chandigarh.

23. Fear of Old people raised by student from Talangana.

24. Fear of Mosquitos raised by participant from Kanyakumari.

From all the session Dr. Chinni Simon thanked the Chief Guest & Resource Person.

On I, II III and IV day thanked our Resource person & WCOP President for organizing beautiful sessions on Phobia.

In total in these four days Workshops more than 50 problems are solved by the Prof. V. Ganesan and participants felt very very happy.